

Supplementary Fig. 1. Ten-point Likert scales

1. On a scale from 1 to 10, how stressed (maximum reached) were you during the eye recording with the mobile app-based Frenzel glass?

Totally unstressed 1 2 3 4 5 6 7 8 9 10 Totally stressed

2. On a scale from 1 to 10, how stressed (maximum reached) were you during the eye recording with the desktop-based Frenzel glass?

Totally unstressed 1 2 3 4 5 6 7 8 9 10 Totally stressed

3. On a scale from 1 to 10, how satisfied were you with the mobile app-based Frenzel glass?

Very dissatisfied 1 2 3 4 5 6 7 8 9 10 Very satisfied

4. On a scale from 1 to 10, how satisfied were you with the desktop-based Frenzel glass?

Very dissatisfied 1 2 3 4 5 6 7 8 9 10 Very satisfied